



**14 Jul - 14 Sep 2018  
All Saturdays & Sundays**

Activities 活動	Time 時間	Max. Capacity 名額	Venue 地點
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**Health & Exercises 健體活動**

Outdoor Pool 室外游泳池	7:00 am - 10:00 pm	Not Applicable	OM Spa (3/F) 水療按摩中心 (三樓)
Indoor Pool 室內游泳池	7:00 am - 10:00 pm	Not Applicable	
Sauna & Steam 桑拿及蒸氣浴	7:00 am - 10:00 pm	Not Applicable	
Family Massage Workshop 親子按摩活動教室	3:00 pm - 3:30 pm	20 persons each class	
24-hour Gymnasium 24小時健身中心	12:00 am - 12:00 am	Not Applicable	

**Holiday Fun Workshop 假期活動坊**

Balloon Twisting 扭氣球	3:30 pm - 5:30 pm	Not Applicable	Executive Conference Centre (B/F) 行政會議中心 (地庫)
Face Painting Workshop 面部彩繪	6:00 pm - 8:00 pm	Not Applicable	Executive Conference Centre (B/F) 行政會議中心 (地庫)

**Cooking Class 烹飪教室**

★ Chinese Cooking Class 中式烹飪班 Pork Dumpling 鮮肉水餃	3:15 pm - 3:45 pm	30 persons each class	Dragon Inn (G/F) 龍門客棧 (地下)
★ Mocktail Making Class 雞尾酒教室	3:30 pm - 4:00 pm	30 persons each class	The China Coast Bar + Grill (G/F) 華岸酒吧扒房 (地下)
★ Western Cooking Class 西式烹飪班 Mango Pancake 芒果班戟	4:00 pm - 4:30 pm	30 persons each class	Café Aficionado (G/F) 藝廊咖啡室 (地下)
★ Chinese Cooking Class 中式烹飪班 Crystal Bun with Pineapple Mashed 鳳梨水晶包	4:45 pm - 5:15 pm	30 persons each class	Rouge (1/F) 紅軒 (一樓)
★ Japanese Cooking Class 日式烹飪班 Crab Roe Hand Roll 蟹子手卷	5:15 pm - 5:45 pm	30 persons each class	Airport Izakaya (G/F) 空港居酒屋 (地下)

**Entertainment 娛樂活動**

Family Theatre 家庭影院 Inside Out 玩轉腦朋友 The Incredibles 超人特工隊	2:30pm - 4:15pm / 4:30pm - 6:15pm	45 persons each section	Executive Conference Centre (B/F) 行政會議中心 (地庫)
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Information Counter# 詢問處#	1:00pm - 6:00pm	Not Applicable	Café Aficionado (G/F) 藝廊咖啡室 (地下)
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★ **Advanced enrollment is required for the activities and the venue may change due to availability. 活動須預先報名及地點視乎情況或有所變動**

**Please make your reservations through Café Aficionado (G/F) 請預先向藝廊咖啡室(地下)報名**

**# Please refer to Front Desk for any enquiries during non-operation hours for Information Counter # 其他時間，請到前堂部查詢**